

Athletics Northern Ireland

Cross Country & Road Running Fixtures 2023- 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 28th October 2023

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
May 2024					
Fri 10 th	Glasswater Primary 5k	Crossgar	7:20pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Fri 10 th	Run the Runways	Ards Airport	6:30pm	Hannah Robinson 07970593655 newtownardshm@gmail.com	
Fri 10 th	Termoneeny 5k and 10k	Erins Own Lavey GAC Quarry Rd	7pm	Colette Donaghy 07874109650 termoneenyrc@gmail.com	
Fri 10 th & Sat 11 th	Maguiresbridge Festival of Running	Maguiresbridge Primary School	Various	Andy Baker 07973624759 andybaker1@gmx.co.uk	
Sat 18 th	Seskinore Forest 5k	Seskinore Rural Community Group	11am	Ivor Russell seskinorercc@gmail.com	
Sat 18 th	Glenarm Castle Challeng	Glenarm Castle Estate	11am	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sat 18 th	Annalong Horseshoe Fell Race	Carricklittle Track, Annalong	11am	Trevor Wilson 07779603884 trevorwilson.08@gmail.com	
Sun 19 th	Strabane Lifford Half Marathon	Meetinghouse Street, Strabane	9:30am	Aisling McCallion 02871253253 halfmarathon@derrystrabane.com www.derrystrabane.com/halfmarathon	
Sun 19 th	Carmen 5 Miles	Milestone Centre, Carrickmore	10am	Stuart Morrow Carmen.Runner@outlook.com	
Sat 25 th	Ballyclare May Fair 5k & 10k	Ballyclare Rugby Club	10am	Chris Dickey 07860712163 caharriers.info@gmail.com www.countyantrimharriers.co.uk	
Sat 25 th	Almac 5k & 10k	Craigavon Lakes	11am	Orla Tumelty orla.tumelty@almacgroup.com www.almacgroup.com/fun-run	
Sat 25 th	Pat Dunbar Memorial Mountain Race	Leitrim Lodge	11am	Paul Le Blanc 07871775633 pleb1422@aol.com	
Sun 26 th	Marconi 5 Mile Run	Ballycastle Tennis Courts	10am	David McAfee globalgenes@btinternet.com	
Sun 26 th	Newall 5k & 10k	Main Street Coalisland	10:30am	Sean Boyle 02887741818 sean.boyle@newallstores.com	
June 2024					
Sat 1 st	Norn Iron 100	Ballintoy, Co Antrim	9am	Gary Connolly 07739223630 info@werunwildni.com www.werunwildni.com	
Sat 1 st	Cairncastle Classic	Cairncastle Primary School	11am	Justin Maxwell 07739960393 justinmaxwell700@gmail.com	
Sat 1 st	Pat's 5	Pomeroy Forest	12:30pm	Oli Murphy olimurphy52@hotmail.com	
Wed 5 th	Stunnerz n Runnerz	Manor Park, Moneymore	7:30pm	Timothy Johnston 07999074140 timothy-johnston91@hotmail.com https://www.sperrinharriers.co.uk/	

Thurs 6 th	Out the Line 5 Mile Classic	Foyle Road	7pm	Denise Doherty 07732216569 dendoh@hotmail.co.uk	
Fri 7 th	CS Lewis 5 Mile Challenge	CS Lewis Square	7pm	Ghislain Demeuldre 07899927350 ghisjane@ntlworld.com VPCAC.com	
Fri 7 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7:30pm	Donna McKenna knockmanyrunningclub@hotmail.com	
Sat 8 th	Killyclogher 10k	Killyclogher GAA Club	11am	Eamon McGrath 07557414601 secretary.killyclogher.tyrone@gaa.ie www.killycloghergaa.com	
Sun 9 th	Antrim Coast Classic Street Mile/5k Road Race	Dunbar Link	10am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
Thurs 13 th	Fairhill 5 Mile Race	Fairhill Shopping Centre	7pm	John McGerty 07791413558 mcgerty@gilbert-ash.co.uk www.ballymenarunners.org	
Fri 14 th	Co Down 5k	Downpatrick	6:30pm	Andrew Telford 07771985042 andrewtel84@gmail.com	
Fri 14 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7:30pm	Donna McKenna knockmanyrunningclub@hotmail.com	
Sat 15 th & Sun 16 th	Belfast 24 Hour	Victoria Park, Belfast	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Fri 21 st	Comber 10k	Castle Lane	7:30pm	Valerie Martin 07834522679 ballydrain.secretary@outlook.com	
Fri 21 st	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7:30pm	Donna McKenna knockmanyrunningclub@hotmail.com	
Sun 23 rd	Moy Park Belfast City Women's 10k	Paddock Car Park, Titanic Quarter	10am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcity10k.com	√
Wed 26 th	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	Kenneth Bacon 02827666925 k.bacon14@btinternet.com www.springwellrunners.co.uk	
Fri 28 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7:30pm	Donna McKenna knockmanyrunningclub@hotmail.com	
Fri 28 th	Ards Half Marathon	Ards Blair Mayne Wellbeing and Leisure Complex	6:30pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
July 2024					
Sun 7 th	The Great Rossa Run 2024	Ardboe Hall, Dungannon	10am	Shane Mallon 07557447436 shaneboe@hotmail.com	
Fri 19 th	Sea 2 Sky 10k Race/Walk & 5k	Newcastle	6:30pm	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Wed 24 th	Donaghadee 5k	The Harbour Donaghadee	7:30pm	Fiona Lemon 07739412777 Runninginthedee@gmail.com	
Fri 26 th	Giant's Trail Race	QUB Sport, Upper Malone Road, Belfast	7pm	Brian Jack 07866192066 bwkj01@gmail.com www.dubrunners.club	
Sun 28 th	Hillsborough Castle & Gardens Running Festival 2023	Hillsborough Castle	9am	Chris Parr 07903960896 chris.parr@runthrough.co.uk https://www.castlerunningfestival.com/	
August 2024					
Fri 2 nd	Carnlough Quarry 5k	Bridge Street, Carnlough	7pm	Stephen Montgomery 02828841445 smonty6@outlook.com www.glenloughrunningclub.com	
Fri 2 nd	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	Timothy Johnston 07999074140 timothy-johnston91@hotmail.com https://www.sperrinharriers.co.uk/	
Sat 3 rd	Run the Trails	TBC	TBC	Pending Permit	

Sun 4 th	Feile 5k & 10k	Malone Integrated College	9am	Paula Hewitt 07712524000 wbcoolers@gmail.com	
Fri 9 th	Mallusk 5 Mile Road Race	Academy Club, Mallusk Rd	7:30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Sat 10 th	Dambusters 10 Mile, 10k Race/Walk & 5k	Silent Valley Mountain Park	10:30am	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sat 17 th	Dromore 5k/10k & 5k Fun Run	Clock Tower, Main Street, Dromore	10:30am	Gerry McDermott gerry@mcdermotthr.com	
Sun 18 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	Andrew Smyth 07969031570 andrewsmyth186@gmail.com www.seaparkac.com	
Fri 23 rd	Portrush 5 Mile Road Race	TBC	7:30pm	Pending Permit	
Sat 24 th	Antrim Coast Half Marathon	Larne	9:30am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
Fri 30 th	GRC Coastal 5k	Branch Rd, Carnlough	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com www.glenloughrunningclub.com	
September 2024					
Sun 1 st	Laganside 10k	2pm	Ormeau Park	North Belfast Harriers Laganside10k@gmail.com www.Laganside10k.com	
Fri 6 th	Ards 5 Mile	TBC	TBC	Pending Permit	
Sat 7 th	Belfast Victoria Park Road Relays 2024	Victoria Park	11:15am	Ghislain Demeuldre 07899927350 ghisjane@ntlworld.com VPCAC.com	
Sun 22 nd	Moy Park Belfast City Half Marathon	Ormeau Embankment	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcitymarathon.com	√
Sun 22 nd	TJ McElmeel XC Raceday	Palace Demesne, Armagh	12:30pm	Mark McKeown 07773743856 mmktyross@yahoo.co.uk	
Sun 28 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
October 2024					
Sat 12 th	NIMAA XC Trials and Championships	Queens Playing Fields	11am	Anne Maguire 07709550136 nimaa.memsec@gmail.com	